Treatment Strategies for Early Stage Breast Cancer: Past, Present, and Future

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# The Plan

- A brief look back
- The progress we have made, and state of the science today
- A look into the future

## **Breast Cancer: circa 1990 in the U.S.**

- 150,000 cases and 44,300 deaths
- Seen as single monolithic disease
- Most cancers presented as lump/mass
- Extensive surgery often performed and resulted in psychological and physical distress
- Adjuvant chemotherapy and hormonal therapy were recent additions to treatment approach

# Progress Over the Past 25 Years A Few Comments About Local Therapy

- Less extensive surgery to breast
  - Widespread acceptance of conservative surgery and radiation, though still underutilized
  - Less extensive axillary surgery in patients with and without axillary involvement
- Reduction in late radiation toxicity and more convenient fractionation schedules
- More rational use of radiation with appropriate increase and reduction in use in selected patients
- Improvement in reconstructive surgery
- Greater individualization based on stage, subytpe, and patient preferences

## NCI Consensus Conference: 2001 Little Variation in Treatment Among Patients

- All women with tumors > 1 cm with or without nodal involvement should receive adjuvant chemotherapy
- As a result, vast majority of patients were treated with chemotherapy, often with considerable toxicity
- Only endocrine treatment was tamoxifen which was added to all patients with ER+ tumors
- There was no adjuvant anti-HER2 therapy

# Three Major Changes That Have Changed The Approach to Systemic Therapy

- Understanding of heterogeneity across breast cancer – prognosis varies by subtype
- Recognition that benefits of treatment track with subtype
- Development of targeted therapeutics, particularly for HER2+ disease

# HETEROGENEITY



#### **Overall and Relapse Free Survival by Tumor Types Defined with Gene Expression Patterns**



Sorlie, et al. PNAS 2001

## **Breast Cancer is a Family of Diseases**

**HER2-positive** 

"Basal ER/PR-**J**Ve **HER2-negative** 

**ER-positive** Luminal B High Grade **ER-positive** Luminal A Low Grade

## **Reduction in Breast Cancer Recurrence from Chemotherapy by Age and Receptor Status**

| Patient<br>Population   | #      | % Node<br>Positive | Absolute<br>Gain          |
|-------------------------|--------|--------------------|---------------------------|
| < 50,<br>ER-poor        | 1757   | 20%                | <b>13.2%</b><br>p<0.00001 |
| < 50, ER+<br>tamoxifen  | 2254   | 34%                | <b>7.6%</b><br>p<0.00001  |
| 50-69<br>ER- poor       | 4071   | 67%                | <b>9.6%</b><br>p<0.00001  |
| 50-69, ER+<br>tamoxifen | 11,333 | 73%                | <b>4.9%</b><br>p<0.00001  |

EBCTCG, Lancet 2005





Recurrence

Death Berry....Winer; JAMA 2005

# Prevention of Recurrence is Now Subtype Dependent

- Triple Negative
- ER+/HER-
  - Low grade (Luminal A)
  - High grade. (Luminal B)
- HER2+

Why get it right? Still over 40,000 deaths per year from breast cancer in U.S. and >500,000 worldwide

# **Timing of TNBC Recurrence is Early**



Rates of distant recurrence following surgery in triple-negative vs other breast ca

Dent et al, Clin Cancer Res 2007

# What is Optimal Therapy for Early TNBC?

### Immunohistochemistry



•ER and PR <1% nuclear with positive normal breast internal control

•HER2 "negative" is 0 or 1+ staining or 2+ staining with negative FISH – usually HER2 is 0

•Rarely lobular

## High grade ductal





slide courtesy of Andrea Richardson, MD, PhD

# Adjuvant = Neoadjuvant

Purpose of Neoadjuvant Therapy is Given to Minimize Extent of Surgery and to Decrease Risk of Disease Recurrence

Neoadjuvant Therapy Should <u>Never</u> Be Given If There Is a Question About the Need for Adjuvant Treatment

#### A Sequential Antracycline-Taxane Combination is the Standard of Care for Moderate-Risk TNBC

#### NSABP-B30 AC-T x 8 vs AT x 4 vs TAC x 6



#### <u>POSSIBLE</u> <u>REGIMENS</u>

- AC-paclitaxel (dose dense)
- AC- paclitaxel (weekly)
- AC-docetaxel (every 3 weeks)
- 4. FEC-docetaxel

## Pooled Analysis of Dose Dense vs Not Fewer Recurrences with Dose Dense Approach

#### **ER Negative**

#### **ER Positive**



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Grey et al, SABCS 2017 For EBCTCG

## **AC-T vs TC: Results**

|            | P<br>TaxA | ts<br>C TC | Ever<br>TaxAC | nts<br>; TC | 4 yr I<br>TaxA( | IDFS<br>C TC | 4 yr IDFS<br>Delta | HR (95% CI)      |
|------------|-----------|------------|---------------|-------------|-----------------|--------------|--------------------|------------------|
| ER/PgR (-) |           |            |               |             |                 |              |                    |                  |
|            | -         |            |               |             |                 |              |                    |                  |
| N-         | 459       | 488        | 37            | 52          | 89.5            | 87.0         | 2.5%               | 1.31 (0.86-1.99) |
|            |           |            |               |             |                 |              |                    |                  |
| 1-3 N+     | 153       | 119        | 21            | <b>28</b>   | 85.5            | 74.6         | 10.9%              | 1.58 (0.90-2.79) |
| 4+ N+      | 42        | 40         | 11            | 16          | 71.8            | 60.8         | 11.0%              | 1.34 (0.62-2.91) |
| ER or Pg   | R (+)     |            |               |             |                 |              |                    |                  |
| N-         | 358       | 378        | 29            | 22          | 91.5            | 94.2         | - 2.7%             | 0.69 (0.39-1.19) |
| 1-3 N+     | 771       | 789        | 46            | 53          | 94.3            | 92.3         | 2.0%               | 1.14 (0.77-1.69) |
| 4+ N+      | 279       | 280        | 35            | 49          | 87.2            | 81.4         | 5.8%               | 1.46 (0.95-2.26) |

Suggests all groups aside from ER+ N0 benefit from A-containing regimens, <u>especially ER- N+</u>

# Should Stage Affect the Choice of of a Treatment Regimen?

#### What is the optimal treatment for small, node negative TNBC tumors?

Do all patients need to be treated with AC-T?

#### Outcome in National Comprehensive Cancer Network Distant Relapse Free Survival HR-HER2-



# **Options for Stage 1 TNBC**

- Chemotherapy treatment options for low risk disease:
  - 1) simple regimen (AC, TC, CMF)
  - 2) sequential anthracycline/taxane

|                    | Enthusiasm for<br>Chemotherapy | Possible Regimens                         |
|--------------------|--------------------------------|---|
| Microinvasion only | Virtually none                 |   |
| T1a                | Low to moderate                | Simple                                    |
| T1b                | Moderate to high               | Simple                                    |
| T1c                | High                           | Simple or selectively sequential approach |

Is There a Role for Platinum Chemotherapy in the Neo/Adjuvant Management of Triple Negative Breast Cancer?

#### Randomized Trials of Preoperative Platinum Chemotherapy for TNBC



Sikov et al. JCO 2015;33:13-21; von Minckwitz et al. Lancet Oncology, May 2014

#### GerparSixto pCR: platinum vs not





#### Does Addition of Preoperative Platinum Improve Survival Outcomes for TNBC?



- Mixed results on survival benefits from preop platinum in TNBC
- Achieving pCR is a good surrogate for long-term outcomes on a patient level
- No evidence that pCR rates can be used as a surrogate for survival <u>on a trial level</u> to compare regimens in TNBC

Is Carboplatin Ready for Primetime in Unselected TNBC in the Adjuvant or Neoadjuvant Setting?

Need definitive and/or OS

ovement in DFS

 If platinum is ultimately used, should it be added to standard therapy or substituted for one or more drugs?

NO

• Are there triple negative subtypes that are particularly sensitive to platinum, ie biomarker driven?

# ER+ Disease: Hormonal Therapy

• Premenopausal

Postmenopausal

• Extended Duration

## Premenopausal

• When to use OS?

• When to use Al?

#### **SOFT DFS** 8 years median follow-up



Francis et al, SABCS 2017



Francis et al, SABCS 2017

#### **SOFT Secondary Endpoints: No Chemo**



#### SOFT Secondary Endpoints: Chemotherapy



Francis et al, SABCS 2017

# Who Should Receive Ovarian Suppression +/- AI?

- High risk patients (node positive, larger node negative, higher grade)
- What about choice of OS + tam vs OS + AI
  - OS + AI is challenging treatment may be best to start with tamoxifen
  - AI can always be substituted, though no data using switch strategy in premenopausal women apart from MA-17

# Postmenopausal

- ASCO Guideline: Al should be given either upfront, after 2-3 years, or after 5 years
- Very high risk patients should start with AI
- Very low risk patients probably fine with tamoxifen
- Side effects need to be considered carefully and managed effectively
- Far better to substitute one agent for another than to risk non-adherence

## Effects of Hormonal Therapy for Early Breast Cancer on Recurrence: EBCTCG Analysis



Early Breast Cancer Trialists' Collaborative Group. The Lancet 2005:365:1687-1717.

# BIG 1-98: Long-term Outcomes

#### **Initially Therapy Has Little Impact on Late Recurrence**



Thurlimann B, et al. SABCS 2016
#### The Problem of Late Recurrence Annual and Cumulative Risk by Subset

| Variable                  | Women Who Were<br>Event-free at 5 Yr |                           | Annual Rate of Distant<br>Recurrence |             | Cumulative Risk<br>from 5 Yr to 20 Yr |
|---------------------------|--------------------------------------|---------------------------|--------------------------------------|-------------|---------------------------------------|
|                           | Total                                | Chemotherapy<br>Scheduled | 5 to <10 Yr                          | 10 to 20 Yr |                                       |
|                           | no.                                  | no. (%)                   | per                                  | cent        | percent                               |
| Nodal involvement         |                                      |                           |                                      |             |                                       |
| N0                        | 28,847                               | 9,136 (32)                | 1.0                                  | 1.1         | 15                                    |
| N1-3                      | 25,292                               | 17,280 (68)               | 1.9                                  | 1.7         | 23                                    |
| N4–9                      | 8,784                                | 6,664 (76)                | 3.9                                  | 2.8         | 38                                    |
| Tumor diameter in N0 only |                                      |                           |                                      |             |                                       |
| Tla or Tlb: ≤1.0 cm       | 5,527                                | 910 (16)                  | 0.5                                  | 0.8         | 10                                    |
| Tlc: 1.1–2.0 cm           | 13,875                               | 4,034 (29)                | 0.8                                  | 1.1         | 14                                    |
| T2: 2.1–3.0 cm            | 6,700                                | 2,859 (43)                | 1.5                                  | 1.4         | 19                                    |
| T2: 3.1–5.0 cm            | 2,745                                | 1,333 (49)                | 1.7                                  | 1.4         | 20                                    |
| Tumor grade in T1N0 only  |                                      |                           |                                      |             |                                       |
| Low                       | 3,524                                | 401 (11)                  | 0.4                                  | 0.8         | 10                                    |
| Moderate                  | 7,363                                | 1,861 (25)                | 0.7                                  | 1.0         | 13                                    |
| High                      | 3,054                                | 1,414 (46)                | 0.9                                  | 1.5         | 17                                    |

#### All Patients Cancer Free at 5 Years and Received Adjuvant Tamoxifen

Hayes et al NEJM 2017

#### Long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years after diagnosis of oestrogen receptor-positive breast cancer: ATLAS, a randomised trial



Christina Davies, Hongchao Pan, Jon Godwin, Richard Gray, Rodrigo Arriagada, Vinod Raina, Mirta Abraham, Victor Hugo Medeiros Alencar, Atef Badran, Xavier Bonfill, Joan Bradbury, Michael Clarke, Rory Collins, Susan R Davis, Antonella Delmestri, John F Forbes, Peiman Haddad, Ming-Feng Hou, Moshe Inbar, Hussein Khaled, Joanna Kielanowska, Wing-Hong Kwan, Beela S Mathew, Bettina Müller, Antonio Nicolucci, Octavio Peralta, Fany Pernas, Lubos Petruzelka, Tadeusz Pienkowski, Balakrishnan Rajan, Maryna T Rubach, Sera Tort, Gerard Urrútia, Miriam Valentini, Yaochen Wang, Richard Peto, for the Adjuvant Tamoxifen: Longer Against Shorter (ATLAS) Collaborative Group\*

#### Summary

Background For women with oestrogen receptor (ER)-positive early breast cancer, treatment with tamoxifen for 5 years substantially reduces the breast cancer mortality rate throughout the first 15 years after diagnosis. We aimed to assess the further effects of continuing tamoxifen to 10 years instead of stopping at 5 years.

Published Online December 5, 2012 http://dx.doi.org/10.1016/ S0140-6736(12)61963-1



# Extended Letrozole After 5 yrs of Tamoxifen (MA17)



Goss et al. JNCI 2005

#### MA 17: Letrozole or Placebo after 5 years of Tamoxifen

DFS and OS

**Contralateral BC** 



#### Difference in distant recurrences is only 10 events!

### Frequency of ctDNA ESR1 mutations in ER+ MBC

| Study                          | ESR1 mut |
|--------------------------------|----------|
| BOLERO2 <sup>*</sup> (N=541)   | 28.8%    |
| SOFeA <sup>**</sup> (N=161)    | 39.1%    |
| PALOMA 3 <sup>**</sup> (N=360) | 25.3%    |
| FERGI <sup>§</sup> (N=70)      | 37%      |

\*D538G and Y537G \*\*E380Q, L536R, Y537C, D538G, S463P, Y537N, and Y537S <sup>§</sup>E380Q, S463P, P535H, L536Q, L536R, L536H, L536P, Y537C, Y537N, Y537S, D538G

Courtesy of Mafalda Oliveira

Chandarlapaty S. et al. JAMA Oncol. 2016;2(10):1310-1315 Fribbens C. et al. J Clin Oncol. 2016 Sep 1;34(25):2961-8 Gendreau S. et al. SABCS 2015

### **Duration of Therapy**

- 5 years adequate for many patients
- Longer duration reasonable for those at higher risk
  - 10 years of tamoxifen (in premenospausal)
  - 5 years of tamoxifen followed by 5 years of AI
  - 2-3 years of tamoxifen followed by 5-8 of Al
  - 10 years of AI

### Which ER+ Patients Need Chemotherapy?

#### **RS in Node Negative Pts Treated With Tamoxifen**



Ν

RS

Paik et al, NEJM 2004

#### Benefit of Chemotherapy By Oncotype Dx Recurrence Score In Node Negative Breast Cancer Treated With Tamoxifen



Paik S et al. JCO 2006;24:3726-3734

#### Recurrence Score and Benefit from Chemotherapy in NSABP B-20



Fig 4. Linear fit of the likelihood of distant recurrence as a continuous function of recurrence score for the tamoxifen alone (TAM) and tamoxifen plus chemo-therapy (TAM + chemo) treatment groups.

Paik et al, JCO2006

#### CAF Benefit Greatest in Higher RS for Both Nodal Subsets, with No Benefit in Lower RS



Albain et al, Lancet Oncology 2011

#### Prospective Validation of 21-Gene RS in Node-Negative Patients: TAILORx



#### Prospective Validation of 21-Gene RS in Node-Negative Patients: TAILORx

Secondary Group RS <11 Assigned to Hormonal Therapy Only



|  | 5 | Year | <b>Results</b> |
|--|---|------|----------------|
|--|---|------|----------------|

| Distant Relapse Free<br>Survival  | 99.3% |
|-----------------------------------|-------|
| Invasive Disease Free<br>Survival | 93.8% |
| Overall Survival                  | 98.0% |

### Prospective Outcome Data for 21-Gene RS in Node-POSITIVE Patients: PlanB



Gluz O et al. JCO 2016

### Results From Tailorx Will Be Presented At ASCO

- Most investigators expect trial will demonstrate minimal or no benefit from chemotherapy
- What will the implications be for patients with positive nodes, especially those with 1-3 nodes?
- Do we have to wait for results of Rxponder? If so, many of us may no longer be practicing medicine!

#### MINDACT: Survival without Distant Metastasis, Disease-free Survival, and Overall Survival in the Two Discordant-Risk Groups, According to Randomized Treatment



### **HER2 Signaling Pathways**



#### Update Overall Survival and Disease-free Survival From Combined Data Analysis for N9831 and NSABP B-31 (AC-T +/- Trastuzumab)



### Significant difference maintained over time in both ER- and ER+ cohorts. Late events more common in ER+ disease (not shown).

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Perez E A et al. JCO 2014;32:3744-3752

#### BCIRG-006 DFS Final Analysis (10.3yrs)



## **APHINITY Schema**



Population: Node + *or* high risk node negative

\*antibody therapy started with taxane

### APHINITY: By Nodal Subgroups



**Node Positive** 

Node Negative

Also greater impact in ER- than ER+

#### Adjuvant Paclitaxel/Trastuzumab Trial Study Design



\*\* Radiation and hormonal therapy was initiated after completion of paclitaxel

### APT: Updated Recurrence Free Interval



Tolaney et al, ASCO 2017

#### **ATEMPT Trial Schema**



N=500

All HER2 testing centrally confirmed

Adjuvant endocrine therapy can be initiated after completion of 12 weeks of therapy

Adjuvant radiation therapy can be administered concurrently with study treatment.

**ACCRUAL COMPLETED 2016** 

PI: Sara Tolaney, MD, MPH

#### Path CR is Predictive of Outcome in NSABP B-27 (and MAYBE it does not matter how path CR is achieved)



Time After Random Assignment (years)

Rastogi, Anderson, Bear et al JCO 2008 Personal communication Terry Mamounas

#### pCR is Predictive of EFS and DRFS in HR-/HER2+



Yee et al, SABCS 2017

### Maybe We Are Looking At The Role of Neoadjuvant Therapy The Wrong Way....

- Looking for new treatment approaches based on higher rates of path CR has not paid off to date (e.g. lapatinib, bevacizumab)
- Perhaps we should attempt treatment deescalation in those with a path CR
- At the same time, we can evaluate resistance mechanisms and new treatments in those who do not obtain a path CR

### A Design to Decrease Treatment, Assess Resistance, and Test New Therapies



A Trans-Atlantic Collaboration is Planned

# The Future... but not so far from now

### **Adjuvant vs Neoadjuvant Therapy**

- Increasing use of neoadjuvant therapy for majority of HER2+, triple negative, and high grade ER+ breast cancer
- Goal will be to decrease extent of surgery and guide radiation
- May be used, particularly in HER2+ setting, as an *in vivo* "experiment" that will allow escalation and de-escalation of therapy

### **Triple Negative Disease**

- Better characterization of subtypes, particularly in terms of responsiveness to immunotherapy
- Incorporation of new agents into early stage treatment
  - Immuno-oncology agents
  - Antibody drug congugatges
  - ?? Androgen receptor antagonists
  - PARP inhibitors for patients with BRCA mutations

### **ER+ Disease**

- Continued decline in chemotherapy use
- Ultimately, I suspect will only give chemotherapy to a relatively small minority
- Better delineation of role/need for ovarian suppression
- No new hormonal agents, except perhaps for the selective estrogen receptor degraders, on the horizon
- But...

### What About the CDK 4/6 Inhibitors?



N=6000

Trial will complete accrual in next year Analysis in next 2-3 years

Similar Trial Being Conducted with Abemaciclib

### Late Recurrence

- Hormonal therapy has not eliminated problem, and simply extending hormonal therapy is unlikely to be the primary solution
- CDK 4/6 inhibitors may lessen problem
- We need a better understanding of the biology...why are so many tumors dormant and what leads them to be awakened?
- Watch for studies in this area

### HER2+ Disease

- Huge successes have been made
- Need more/better therapy for a small percentage
- For others, the major question will be how much chemotherapy can be eliminated
- Testing will likely improve
- And subsets of HER2+ disease are likely to need somewhat different treatment strategies

### Getting it right for each patient...



We need to allow biologic insights and thoughtful clinical trials to lead us to "just right"
## Thanks to my group at Dana-Farber

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